



LUNCH — at the — LIBRARY

Lunch Menu

June 26th to
August 10th, 2017
(Monday - Thursday)

*No meals on July 4th



CALIFORNIA
SUMMER MEAL
COALITION

**Menu subject to change

Did you know that TUSD offers ALL the elements of a healthy diet to keep your kids strong & healthy?

Look for these symbols next to your favorite menu items to find out all of the healthy options offered on the lunch menu!

- W** = Source of Whole Grains
- F** = Low or Healthy Fat
- P** = Lean Protein
- M** = Good Source of Minerals
- V** = Good Source of Vitamins



Students must select three of the five food groups. One choice must be fruits or vegetables.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PB&J Sandwich (W) or Soybutter Sandwich (W) Served with String Cheese Goldfish Crackers (W) Raisin Box</p> <p>Baby Carrots Cucumber Slices Fresh Fruit Milk & Juice Choices</p> 	<p>Deli Turkey & Cheese Sandwich (W) Served with Goldfish Crackers (W) Raisin Box</p> <p>Beans Broccoli Florets Fresh Fruit Milk & Juice Choices</p> 	<p>Low-Fat Strawberry & Banana Yogurt (4oz) Served with Whole Grain Muffin (W) String Cheese Raisin Box</p> <p>Baby Carrots Cucumber Slices Fresh Fruit Milk & Juice Choices</p> 	<p>Cheese Pizza Lunch Pack (W) Served with Raisin Box</p> <p>Sweet Corn Broccoli Florets Fresh Fruit Milk & Juice Choices</p> 	<p>NO LUNCH PROVIDED ON FRIDAYS</p> 

